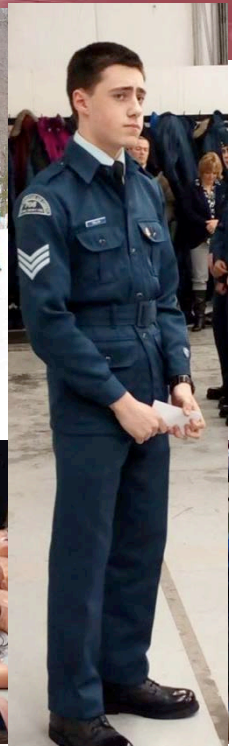




706

Ottawa Snowy Owl



General Information



Capt Alexandru Bejenaru

On behalf of the cadets, officers, staff members and members of the Squadron Sponsoring Committee, Welcome!

You are about to begin an exciting adventure. For more than 50 years, 706 Squadron has organized challenging activities for teenagers like you who want to broaden their interests and develop new skills in survival, leadership, physical fitness, and aviation while becoming better citizens.

The cadet organization helps develop self-discipline through hard work and dedication. You have the opportunity to achieve many things from the Canadian Cadet Organization; the time you spend here is an investment in yourself for the future.

I hope you enjoy your involvement with 706 Air Cadet Squadron as much as I have enjoyed my years as both a cadet and an officer.

Again, Welcome!

Alexandru Bejenaru
Captain
Commanding Officer

Air Cadet Ranks

Everyone in cadets wears a rank. When addressing each other, we use our rank and our last name. Here are the different ranks for our cadets.



*Leading Air Cadet
(LAC)*



*Corporal
(Cpl)*



*Flight Corporal
(FCpl)*



*Sergeant
(Sgt)*



*Flight Sergeant
(FSgt)*



*Second Class
Warrant Officer
(WO2)*



*First Class
Warrant Officer
(WO1)*

Staff Members

Everyone in cadets wears a rank. When addressing each other, we use our rank and our last name. Here are the different ranks for cadets and officers.



Civilian Instructor
(CI)



Officer Cadet
(OCdt)



Second Lieutenant
(2Lt)



Lieutenant
(Lt)



Captain
(Capt)



Major
(Maj)

General Information

Enrolment Process

- ➔ To enrol, your parents and/or guardian must complete the forms included in the enrolment package. The Squadron Administration Officer (CI Simpson) can provide you with more details about the forms.
- ➔ You will also require the following:
 - A Health Card; **AND**
 - A birth certificate; OR
 - A valid Canadian Passport; OR
 - A valid residence card; OR
 - A valid identification card issued by a Canadian provincial or federal government agency.
- ➔ **Please ensure that all your forms are filled out completely, signed and returned promptly.**
- ➔ If you are transferring from another Cadet Unit, please provide us with contact information of your former Commanding Officer so that we can request your files. All transferring cadets will meet with the Training Officer (Lt Bejenaru, D) prior to starting regular training.

Uniform

- ➔ The uniform is on loan to you for cadet use, free of charge. You are expected to take good care of it and wear it proudly to all cadet functions as instructed.
- ➔ The Supply Officer (CI Vaillancourt) will take measurements and order a uniform as soon as all of your paperwork is completed and handed into Administration. (If it is required to order a new uniform it may take from 2 to 6 weeks for it to arrive).
- ➔ The uniform is to be kept clean and pressed. Boots must shine at all time! Hair cut / style must be worn to standard.
- ➔ **If you do not have a full uniform issued to you, the dress code on training nights is as follows:**
 - White dress shirt or squadron t-shirt
 - Dark pants
 - Dress shoes
 - Hair must be worn to standard

Where and when does the Squadron Meet?

- ➔ Regular training nights are Thursdays from 1830 (6:30 pm) to 2130 (9:30pm), September through June at the Connaught Ranges and Primary Training Centre (CRPTC).
- ➔ There are also many extracurricular activities that occur on weeknights and weekends throughout the year. Please refer to the Event Calendar found on the Squadron website (<http://706aircadets.ca/eventCal.php>).

Attendance

- ➔ Attendance at all regular training nights and extra activities is encouraged and recognized. Attendance is tracked and is used as one of the evaluation criteria for summer training selection, promotions and awards.
- ➔ If you cannot attend a training night or activity that you have signed up for, please inform the squadron by submitting the "[Notice Of Absence](#)" under the **Keeping Informed Tab** on the Squadron website.
- ➔ Facebook should **not** be used to inform the squadron of your attendance to training nights or squadron activities, as it is not monitored for that purpose.
- ➔ **It is your responsibility to make sure you are marked as present for attendance. If you are late, you must inform the Administration Officer (CI Simpson).**

General Information

Staying Informed

- The Squadron phone number is **613-998-9089**. It is monitored during Cadet Training hours on Thursdays between 1830 (6:30 pm) and 2130 (9:30 pm). You may also leave a voice-mail at this number.
- The Squadron email is: publicaffairs@706aircadets.ca
- The Squadron website is: www.706aircadets.ca.
The website is the main source of communication for the squadron. All important information and messages are posted on our website (i.e. upcoming activities, cancellations) and it is regularly updated.

The Squadron's Event Calendar is a great source of information for upcoming events and activities. If you have Internet access it is recommended that you check it often (at LEAST once per week). Generally, questions can be answered simply by looking at the website.

- From time to time a senior cadet may also contact you. This cadet will inform you of any special information that you will need to know. It is important that a valid email address and phone number be provided to the Squadron in order for us to communicate effectively with you.
- The Squadron also uses Facebook to share information and pictures. The Facebook page is administered and maintained by the officers and staff members of the squadron. At no time is it required that a cadet join Facebook to receive communications. As mentioned, the website is the squadron's primary source of information.
- The Squadron is also on Twitter. Please follow us **@706Squadron**. The Twitter feed is also available on the Squadron website.
- **IT IS YOUR RESPONSIBILITY TO KEEP YOURSELF INFORMED!**
If you use these resources, you should always be aware of what activities are taking place and of any changes to activity particulars. If there is anything you are not sure of, ask a senior cadet.

Please note that there is zero tolerance for any inappropriate remarks or messages posted on any of our communication tools. Disciplinary actions will be taken.

Flight Time

- Every training night begins with scheduled flight time. During this time, your Flight Commander will inform you of upcoming events, so it is important to arrive on time. You are encouraged to use this time to ask for help - for example, how to prepare your uniform. If you have any questions, flight time is a great chance to ask them!

Training Night Schedule

1830	Cadets arrive, Fall-in, roll call, announcements, cadet inspections
1855	Dismissed to class
1900	Period 1
1935	Perid 2
2005	Break
2020	Period 3
2055	Final parade, announcements
2115	Dismissal

Rights and Responsibilities of Cadets

RIGHTS

As a Cadet, I have the right to:

- Be treated fairly and with respect
- Belong
- Feel safe
- Be included
- Learn
- Seek help
- Be heard
- Make decisions
- Be protected from emotional, physical and sexual abuse and all forms of harassment
- Use the law
- Say “NO” to unwelcome behaviour

RESPONSIBILITIES

As a Cadet, I have the responsibility to:

- Treat others with respect
- Not exclude anyone
- Help protect others
- Not dominate others
- Tell the truth
- Get help if I need it
- Listen
- Not misuse my power
- Control my anger
- Not harass or abuse anyone
- Respect personal boundaries – honour “NO’s”

(Fairholm, *Hearing the Hurt*, 1997)

Questions/Concerns regarding the content of this page should be directed to the Unit Cadet Conflict Management Advisor (UCCMA) (Lt Bejenaru, D)

Training

The mission of the Cadet Program is to contribute to the development and preparation of youth for the transition to adulthood, enabling them to meet the challenges of modern society, through a dynamic community-based program.

While meeting the aims of the Air Cadet program, 706 Snowy Owl Squadron believes that well-trained cadets are able to accept the various roles and responsibilities within the squadron. As our cadets progress, they learn valuable life skills such as leadership, communication, self-discipline, organization and teamwork. These skills enable them to become directly involved in the weekly operation of the squadron. Under the supervision of the Officers and Civilian Instructors, senior cadets instruct classes, conduct parades, organize activities, mentor younger cadets and many other important tasks that keep the squadron running smoothly.

Listed below are the main areas of training for Air Cadets.

- 101 – Participate in Citizenship Activities
- 102 – Perform Community Service
- 103 – Participate as a Member of a Team
- 104 – Develop a Personal Activity Plan
- 105 – Participate in Recreational Sports
- 106 – Fire the Cadet Air Rifle
- 107 – Serve in an Air Cadet Squadron
- 108 – Participate in an Annual Parade
- 120 – Participate in Canadian Forces (CF) Familiarization Activities
- 121 – Participate in Canadian Aviation Activities
- 129 – Communicate Using the Phonetic Alphabet
- 130 – Participate in Aviation Activities
- 140 – Participate in Aerospace Activities
- 160 – Participate in Aerodrome Ops Activities
- 190 – Participate in a Field Training Exercise

Adult officers and civilian instructors supervise cadets during all training exercises and non-training activities. Squadron Officers are commissioned officers in a branch of the Canadian Armed Forces known as the Cadet Instructor Cadre, or CIC. All Officers and volunteers undergo Vulnerable Sector Screening and Police Checks before they are authorized to work on a regular basis with cadets. The squadron has a *Unit Cadet Conflict Management Advisor (UCCMA)* (Capt. Clermont) to handle more serious issues that may arise and to assist cadets that may be in need of guidance.

Special Activities



Annual Inspections:

This is the final parade of the cadet year, where we recognize cadets for their achievements.

See your Flight Commander for more information.

Band:

The squadron has a military band. We are always looking for new members who are interested in learning or improving their skills at playing wind instruments or the drums.

See SLt Morris for more information.

Biathlon:

The squadron has a Biathlon team for regional competition. Biathlon consists of skiing a set distance and then shooting at a target.

See Lt D. Bejenaru for more information.



Bush Weekends:

These are full weekend events, from Friday evening to Sunday afternoon, where cadets are trained in various outdoor activities to develop skills in map reading, shelter building, team building and much more.

See your Flight Commander for more information.



Commanding Officer's (CO's) Parade:

During these parades, the cadets are officially recognized for recent accomplishments (i.e. promotions). Parents are encouraged to attend. *See your Flight Commander for more information.*

Drill Team:

This team is composed of cadets of any levels who come together to demonstrate a choreographed drill routine. Being a member of drill team is joining a team that strives for team success.

Please see the WO1 for more information



Effective Speaking:

This is an activity centered on developing confidence and communication skills, which enable the cadets to improve how they deliver messages in public situations.

Please see Capt. Bejenaru, A for more information

Special Activities



Fundraising Activities:

Cadets and parents participate in fundraising activities during the year. Funds raised support additional activities for cadets during the training year. Examples of fundraisers include Raffles, Tag Days and a Walk-a-thon. The Squadron Sponsoring Committee organizes these activities.

Gliding:

This is a full day activity where the cadets have the opportunity to ride in a glider flown by experienced cadets and officers who have their glider's license. Cadets are involved in all aspects of preparing the glider flight. A glider is an aircraft without an engine. *Please see OCdt Lambert for more information.*

Ground School:

This activity is a weekly class from October to January designed to prepare eligible cadets to write the National Selection Exams for the Glider and Power Scholarships. All cadets are welcome to participate.

Please see OCdt Lambert for more information.

Marksmanship Team:

Under the supervision of an Officer trained in range safety, cadets learn to shoot a Daisy Air Rifle. This team helps cadets develop an interest and skills for shooting while promoting the secure handling of firearms. Self-confidence, acceptance of responsibility and sports etiquette are just some of the life skills acquired from the training.

Please see CI Vaillancourt for more information.

Mess Dinner:

This is a formal dinner where cadets experience military traditions.

Please see your Flight Commander for more information.

Special Activities



Poppy Sales:

Cadets participate in the sale and distribution of poppies in support of local Legions. All funds raised through the sale of poppies aid our veterans and their families.

Please see your Flight Commander for more information.

Power Flying:

This is a full day event where cadets have the opportunity to fly in a small aircraft (i.e. Cessna).

Please see OCdt Lambert for more information.

Summer Training:

Each year the Squadron is allotted a number of summer training courses that are offered to junior cadets. Examples of summer training include: General Training, Basic Survival, Basic Ceremonial Drill and Leadership and Basic Sports and Fitness. Typically these courses are held in the Provinces of Quebec and Ontario or other regions of Canada.

Please see OCdt Lambert for more information.

Remembrance Day Services:

During the week of November 11th, cadets participate in ceremonies and parades at various locations in the community.

Please see your Flight Commander for more information.

Tag Day:

A fundraising activity where cadets sell 'tags' promoting the Air Cadets program. The Squadron Sponsoring Committee organizes this event. *Please see your Flight Commander for more information.*

During your time at 706, you will notice that we take pride in offering many different activities to all of our cadets.



Uniform Tips and Tricks

As you may have already noticed, all cadets wear the same uniform. This allows everyone to achieve the same standards. This tutorial will teach you how to make your uniform as well as ours!



Pants:

In order to get the strong creases on your uniform pants, you have to iron them. We recommend you place a damp cloth between your iron and your pants. This prevents burns, and creates steam. You will get better creases that way! You must have creases on both pant legs, and in the front and the back. The creases must go all the way up to the belt loops.



Name Tag:

Your nametag must be placed on the right hand side of your tunic. It is placed on the breast pocket, centered with the button. The trick is that you pick the middle letter of your last name and place it above the button. You can order your nametag from canteen.

Wool Socks:

You must always wear your cadet socks. The socks must be folded just over your boots.



Dress Shirt:

You should have creases in the center of both of your sleeves. In order to find the exact place to iron the creases in, fold your flaps in half.



Tie:

Your tie must be centered in the middle of your shirt. It must be tied in a Windsor knot, which is illustrated on the next page.



Tunic:



Ironing the tunic is the easiest part! You just have to make sure it is not wrinkled. The trick is not to iron the sleeves or else you will create creases.

Boots:

In order to achieve a mirror like shine, you have to work hard on them! We suggest that you



purchase Kiwi black shoe polish and a Kiwi cloth. It is the brand that provides the best results. The trick is to put a bit of water and shoe polish and draw little circles on your boots, until you can see your reflection.

Uniform Tips and Tricks



See these guides to learn how to lace your boots and tie your tie.



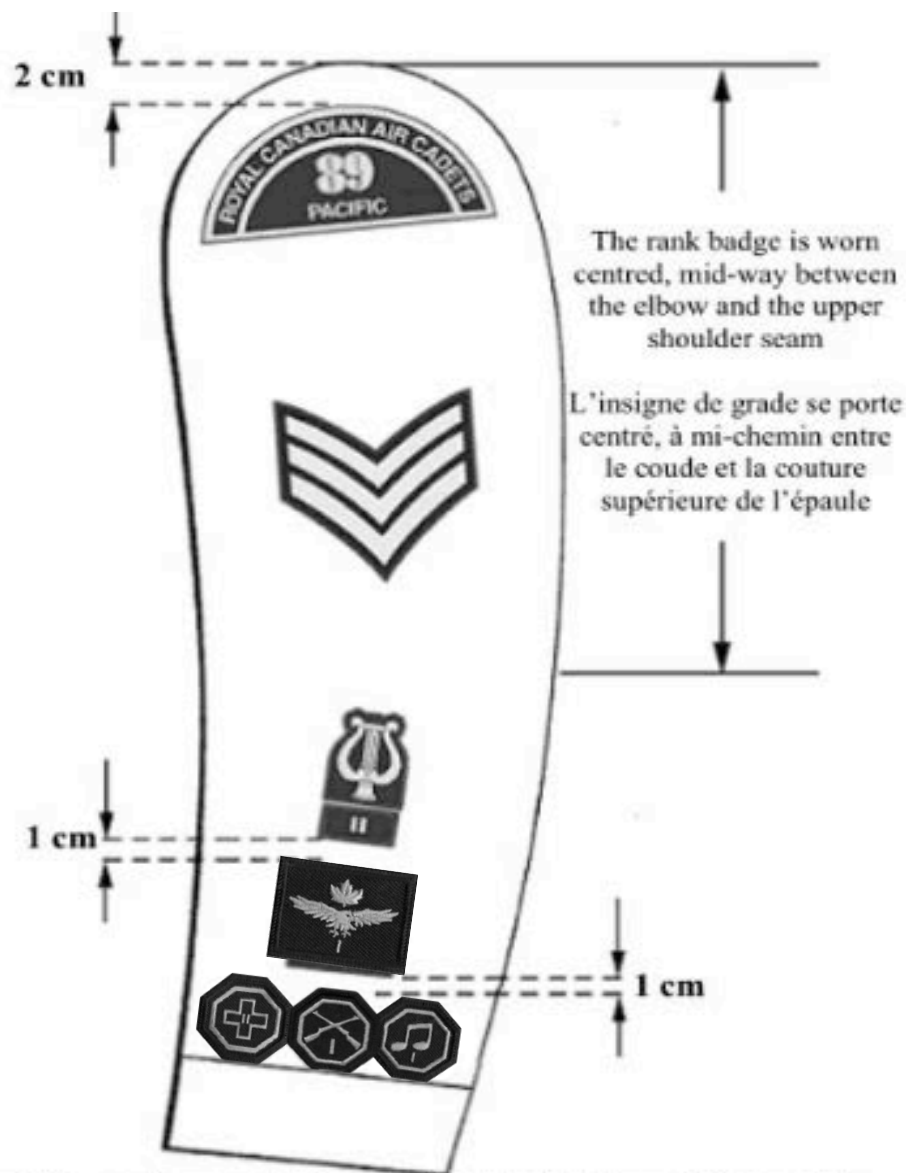
WINDSOR KNOT
NEED WINDSOR



Uniform Tips and Tricks

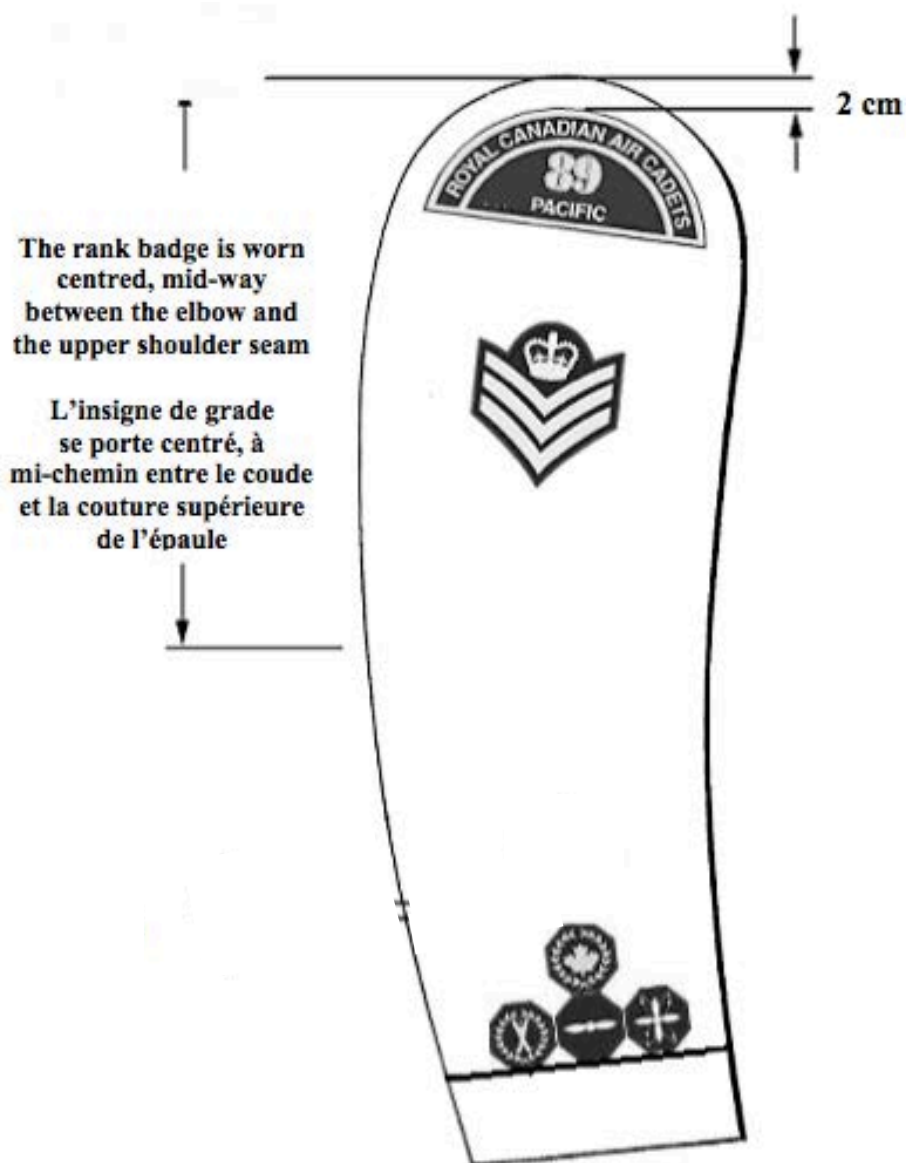
When you earn a new rank or qualification, you will receive a new badge. That means that you will have to sew them on by yourself. Here is where they go on your tunic!

Left Sleeve



Note: If no Fitness Program, Marksmanship Classification, or Glider Pilot Familiarization Badges are worn, the Squadron Proficiency Level or Music badges are worn immediately above the cuff

Right Sleeve



Note: If no Summer Course Qualification Badges are worn, the First Aid badge is worn 1 cm above the cuff

Uniform Tips and Tricks

Cosmetics:

- Female cadets are authorized to wear a minimal amount of make-up. When wearing the uniform, make-up shall be applied conservatively.
 - o This precludes the use of false eyelashes, heavy eyeliner, brightly coloured eye shadow or lipstick, coloured nail polish, and excessive facial make-up.

Jewelry:

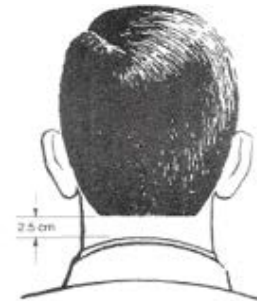
- The only jewelry that may be worn in uniform shall be a wristwatch, a medical alert bracket, a maximum of two rings, which are not of costume jewelry nature.
- Female cadets in uniform may wear a single pair of plain gold studs, silver studs or white pearl earrings in pierced hears.
 - o The single stud earring (worn in the center of each earlobe) shall be spherical in shape and not exceed 0.6 cm in diameter.

Hair:

- Female cadets:
 - o Clean, neatly shaped, all fly-away's secured back with hairspray and bobby pins
 - o Lopsided and extremely asymmetrical haircuts and hairstyles are not authorized.
 - o Braids, if worn, must be neatly and inconspicuously secured at all points to the head, and may not dangle free at any point.
 - o In the case of short hair, it shall not extend below the lower edge of the shirt collar.
 - o Plain pins, hairnet, barrettes and fabric or plastic holders should be similar in color to the hair or black.



- Male cadets:
 - o Hair must be clean, neat and orderly.
 - o There can't be more than 6 inches of bulk on the top of the head and haircut must be faded.
 - o Cadets are not allowed mohawk or fohawk style haircuts.
 - o Hair cannot touch ears and should be cut at least 2.5 cm before the collar.
 - o Sideburns no lower than half way down the ear.



TAPER TRIMMED HAIRCUT CONVENTIONAL
COUPE DE CHEVEUX AMINCIE CONVENTIONNELLE

TAPER TRIM HAIRCUT - STRAIGHT BACK APPEARANCE
COUPE DE CHEVEUX AMINCIE AVEC APPARENCE D'UNE COUPE DROITE

Summer Training

Attending summer training is a rewarding experience and each cadet is encouraged to apply. This opportunity will allow you to meet people from across Canada and acquire really interesting skills.

Each year, the Squadron receives an allotted number of spaces for various summer training opportunities. The number of spaces is based on the number of cadets registered in the Squadron and will fluctuate from year to year. Due to the limited amount of space and allocation for summer training, each cadet that applies for summer training will be reviewed thoroughly by the Staff based on their attendance, ability, drill, dress and general attitude.

Please note that there is also a waitlist for all courses. If a cadet does not initially receive an offer of participation, the cadet will be placed on a waitlist pending any openings.

Summer camps range from 2 weeks to 7 weeks. You normally start off with a two-week summer training camp, and the duration increases as you go along. Cadets will have the opportunity to attend summer training centers across Canada. And you know what the best part is? Not only are they free to attend, but you also get an allowance every week.

National Selection Courses:

These courses are open to senior cadets. Cadets are selected to attend this type of summer training through an interview and exam process both at the squadron and Regional level.

Quota Course:

Each year, the squadron is allotted a designated number of spaces for the summer training courses that are filled by junior cadets. There is an application and selection process for summer camps.



Summer Training

2 weeks (Level 1 completed):

General Training:

This camp is intended for cadets that have completed their first year of cadets. It gives an introductory of the summer training experience. The cadets get a little taste of everything with the opportunity to learn more about Drill and Ceremonial, Music, Marksmanship, Aviation, Aerodrome Operations, Aircraft Manufacturing and Maintenance, Aerospace, and Aircrew Survival.

3 weeks (Level 2 completed):

Basic Drill and Ceremonial:

Cadets attending this course have the opportunity to learn more about drill and develop their leadership skills. They will learn more about commanding a squad on parade, drill with arms, flag drill, and rifle drill.

Basic Aviation:

This course is intended to help the cadets understand the fundamentals of aviation. Cadets will learn more about radio communication, meteorology and air navigation. They even get a familiarization flight.

Basic Aviation Technology and Aerospace:

This course offers the cadets with the possibility to learn more about aerospace, airport operations and aircraft manufacturing and maintenance.

Basic Survival:

Cadets will learn more about aircrew survival, navigation and ground search and rescue.

Basic Fitness and Sports:

Cadets will develop the abilities and knowledge to help them become a Fitness and Sports Assistant.

Military Band / Pipes Band – Basic Musician:

These courses teaches the cadets how to maintain an instrument, music theory, rhythm skills, executing drills as a member of a band and performing ensemble music as a member of a band.

6 weeks (Level 3 Completed):

Drill and Ceremonial Instructor:

This course provides cadets an opportunity to develop the skills and knowledge to become an instructor and team leader during drill and ceremonial activities.

Advanced Aviation:

During this course, cadets will enhance their knowledge in the fields required in order to be an instructor and a team leader for Air Cadet activities.

Survival Instructor:

This course provides the cadets with the opportunity to develop as a specialist with the skills and subject matter knowledge required to be an instructor and team leader during survival activities within the Air cadet Program.

Summer Training

Fitness and Sports Instructor:

Cadets attending this course will learn the skills and knowledge required to perform the role of a Fitness and Sports Instructor and team leader conducted at the squadron and/or as a staff cadet at a Cadet Summer Training Center.

Air Rifle Marksmanship Instructor:

This course provides cadets an opportunity to develop marksmanship skills and knowledge, and to assist in instruction and leading of air rifle marksmanship activities.

Military Band / Pipe Band – Intermediate Musician:

Cadets attending this course will enhance the knowledge and skills they acquired during the Basic Musician Course. This will prepare them to support their squadron's music program.

Advanced Training – Staff Cadets:

Staff cadets undergo advanced training, which included being mentored by adult leaders, and seniors staff cadets. Staff cadets provide leadership, instruction and support to course cadets at a Cadet Summer Training Center (CSTC). Staff cadets receive an allocation ranging from \$71.00 to \$95.00 per day depending on their rank.

National Camps and Scholarships:

Advanced Aerospace:

This course provides cadets with the skills and knowledge required to be an instructor for Aerospace related subjects. Cadets will develop their knowledge by accomplishing a space project. They will also take part in rocket building and have the opportunity to experience scuba diving.

Advance Aviation Technology – Aircraft Maintenance:

Cadets have the opportunity to learn aircraft maintenance skills through a set of practical, hands-on training activities.

Advance Aviation Technology – Airport Operations:

This course introduces cadets to various components of operating an airport, such ground services and safety, navigation, airside operations and meteorology.

Glider Pilot Scholarship:

Cadets who obtain successfully complete this course will receive a Transport Canada Glider Pilot License. Cadets must be 16 years or older by September 1st of the year they take the course. They must also complete the National Exam and Interview process.

Power Pilot Scholarship:

Cadets will receive a Transport Canada Power Pilot License at the end of their course if they succeed. Cadets must be at least 17 years old by September 1st of the year they attend the course. Cadets must also complete the National Exam and Interview process.

International Exchanges and Cultural Visits:

Selected cadets have the opportunity to travel to Australia, Belgium, France, Hong Kong, Japan, Netherlands, Philippines, Singapore, Turkey, New Zealand, United Kingdom or the United States of America. Cadets wishing to attend this course will go through a selection process.



WE HOPE YOU WILL
JOIN US FOR THIS
YEAR'S SQUADRON
PICTURE!!



ON THE MOVE